

Wildcat District Favorite Foods Show

Step 1: Call your local Extension office and register for the contest by May 22, 2017.

Age Divisions: 7-13 and 14-18

Step 2: Find a 40x40 inch card table or table of equivalent size

Step 3: Find a theme for your table

- ◆ Your favorite food should be displayed with proper table settings (formal or informal depending on the food – paper plates are acceptable if the setting is informal)
- ◆ Your table should be set for everything on your menu but you should only prepare one food item.
- ◆ The entire dish does not have to be displayed on the table, a serving size is an appropriate amount of food to display.
- ◆ A menu card (5x7) should be displayed (everything you would serve at this meal)
- ◆ A recipe card (5x7) should be displayed for the one food item you choose to prepare
- ◆ Due to safety concerns judges will not taste your food
- ◆ You will not have access to a fridge or oven to keep your food
- ◆ No electronic appliances will be allowed on the table
- ◆ No flames

- ◆ Be prepared to tell the judge how to prepare the food, how to set the table, and why the centerpiece is appropriate (a centerpiece is not always a necessity).
- ◆ Be prepared to explain the nutritional value of your food and be knowledgeable about MyPlate.

Score Card

- Understand the preparation of the food item
- Can discuss nutrition questions
- Neat clean appearance

- Food appearance
- Food quality

- Menu
- Menu is compatible
- Balanced in color
- Balanced in texture

- Table setting is appropriate for food
- Attractive color scheme
- Appropriate centerpiece