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District Website:
wildcatdistrict.k-state.edu

Join us to celebrate National 4-H Week, October 3-9! This year the theme is: Find Your Spark!

Follow us on Facebook @ Wildcat Extension District 4-H
4-H Volunteers

The volunteer process has been simplified! Simply fill out a 4-H Online profile after October 1st, just like the 4-H youth. Afterwards your county 4-H agent will contact you with information on completing a background check, if it is needed.

Background checks are required every three years for 4-H volunteers and are paid for by Wildcat District

We truly appreciate the time volunteers dedicate to this program. Volunteers are the reason 4-H works and we are able to teach leadership, responsibility, and hands-on learning! You help us make sure that our kids are learning in a safe environment. If you know anyone with a talent to share (cooking, woodworking, arts, etc.) please reach out.

There are two ways young people become members of the Kansas Youth Leadership Council, either as Representatives to the Youth Council or as Delegates to National 4-H Conference. Application information is available here: https://tinyurl.com/YC2022
Why 4-H Record Books?

4-H youth (and guardians), pour sweat, money, and maybe a few tears into their 4-H projects each year. Record books are the 4-H program's way of documenting the sweat, finances, and challenges overcome. In an ideal situation, youth pick the project(s) they wish to focus on for the year and set goals. Goals can be related to breeding and raising livestock, showmanship, financial, skills, or community service oriented. Youth then begin to work on their project by creating a system of their choice to track income and expenses. A youth who chooses to do a record book on the 4-H foods project may set a goal to learn how to make pies with lattice tops or a flaky crust with proper consistency.

The next step is for youth to work on meeting their goal(s) and share the knowledge they learn along the way with others. Youth may sign up for a 4-H cooking camp, contact a local bakery to be an intern for a day, or call grandma to learn from her. Youth are active throughout the year seeking opportunities, through 4-H and outside of 4-H, to expand their knowledge in the foods project. This knowledge should be targeted at foods but doesn't have to be specific to pies. As youth work towards their goals they'll want to keep track of their income and expenses. Signing up for a cooking camp might cost $20.00 so they'll file that receipt. Next, they might go grocery shopping and buy $30 worth of supplies that will make five pies. These practice pies maybe used for family suppers, given as gifts, or sold as a side business. All of these scenarios count as working on your project goals and should be listed in your record book. The pies sold should be listed under income, along with fair ribbon money and bake sale premium (if your fair has one).

Record books should also be utilized to document challenges overcome. An oven might run too hot, certain flour brands might not be the best for your item, etc. Identifying problems and how you addressed them is a pivotal part of the 4-H record book. Taking pictures through the successful and challenging times is important for the record book judging process.

Youth should also look at ways to exhibit leadership and citizenship through their 4-H project. Leadership might be hosting a foods project meeting to share their knowledge or setting up a project meeting and asking a local expert to lead the meeting. Citizenship could be making food items to donate for benefit auctions or coordinating a canned food drive. 4-H youth can also share their knowledge by giving food related talks at their 4-H club meetings, club tours, or promoting 4-H and its projects through National 4-H Week at school.

The 4-H record book process is meant to capture everything related to a specific project throughout the year, but our 4-H kids do more, both in 4-H and outside of 4-H during the year. The permanent pages in the 4-H record book have a place for youth to document leadership roles, other projects, camps, sports, extracurricular activities, school contests, etc. both from 4-H and other organizations. These permanent pages can become an essential tool for seniors filling out scholarships, 4-H and non-4-H, if they took the time to document their activities each year in their permanent record. Permanent records can be added to each year and kept in a youth's 4-H record book for this purpose.

Many youth can create a side job selling items with skills they learned in 4-H or selling livestock from herds started in 4-H. Record book financials are sometimes slightly skewed because in 4-H the project is a hobby. After leaving the 4-H program, the skill/product can become more business than hobby but the basic financial record keeping skills have already been established.

The 4-H program offers scholarships to youth based off their 4-H record books. Local counties might have local opportunities, check with your 4-H agent. At the state level, the Vanier Family Scholarship is offered to seniors and asks for a detailed list of 4-H accomplishments, which should be documented in a permanent record. 4-H scholarships are typically due March 1.
### Fair Proposals

Fair Board September meeting was the last time to submit proposals for changes for the 2022 Crawford County Fair. Any future proposal that are made at 4-H Council or Fair Board will be considered for fair 2023.

### Junior Leaders

The next Junior Leaders meeting will be Monday October 25th at 6:30pm held at the Extension Office. This is open to all 4-H members who are 13 and older. We will be electing officers and planning for Pancake Feed.

### Awards Banquet

The annual Crawford County Awards Banquet will be Thursday November 4th 6:30pm at Girard High School cafeteria. Please RSVP for a meal by calling the Extension office by Friday October 22 @ 4:30pm. (620-724-8233)

### State Fair

If you sent static exhibits to the state fair they need to be picked up in the extension Office anytime.
<table>
<thead>
<tr>
<th>Date</th>
<th>Event Description</th>
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<tbody>
<tr>
<td>November 2</td>
<td>4-H Council Meeting 7PM Altamont Park</td>
</tr>
<tr>
<td>March 8th</td>
<td>4-H Council Meeting 7PM Altamont Park</td>
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<tr>
<td>May 10</td>
<td>4-H Council Meeting 7PM Altamont Park</td>
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**4-H Council**

November 2nd will be the Council meeting to hold officer elections for the year. This will last about 15 minutes and then there will be officer training for all club members will start. If you are elected for an officer position within your club we encourage you to attend this game show style training.

**Achievement Banquet**

November 9th at Altamont High School. Record book winners, achievement pin awards, family of the year, and club leaders will all be recognized. This event is free to all 4-H families by RSVP with Sherry Foister at 620-784-5337 by end of day November 1st.

**Labette County Club Day**

Labette County 4-H Club Day @ Altamont High School tentatively set for Feb. 19, 2022. Double-Dip! Have an FFA speech or club meeting talk prepared for the new year? Make plans to give it at club day too! Scholarships to 4-H camps are offered to those giving a talk or demonstration at club days, contact the office for more information.

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**YQCA**

Youth for the Quality Care of Animals

**K-State Research and Extension**

4-H Grows Here

www.wildcatdistrict.k-state.edu/4-h/montgomery
Montgomery County

<table>
<thead>
<tr>
<th>Nov 4</th>
<th>Achievement Banquet (6:15)</th>
<th>Coffeyville Rec Center</th>
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<tbody>
<tr>
<td>Nov. 9</td>
<td>Council/Officer Training</td>
<td>MG Extension office</td>
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<tr>
<td>TBD</td>
<td>County Club Days</td>
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**4-H Council/Officer Training 7:00 p.m. Extension Office**

Clubs please send your council reps to the November 9th council meeting for officer elections. Council Reps from each club are expected to attend council meetings: November 9, 2021, January 13, 2022, March 10, 2022, and September 8, 2022 or send a replacement in your spot. Council reps are important because they help plan major 4-H events throughout the year and take items back to their club to get opinions. They represent each club’s vote at council meetings.

Immediately following council officer elections, 7:15 p.m. we will do officer training open to everyone! Please RSVP for officer training by contacting the office. RSVPs not required to attend, however it will help us plan social distancing and seating.

**Montgomery County 4-H Achievement Banquet**

**November 4th 6:15 p.m. at Coffeyville Rec Center**

Record book winners in each age division, achievement pins, scholarships, judging teams, and club leaders will be recognized.

Any youth completing their record book will receive a free/or heavily discounted meal. Club leaders will also receive a discounted meal. A caterer is still being secured – meal pricing will be out soon. You do NOT have to pay for a meal to attend! Everyone is welcome. If you choose to have supper with us RSVP/money is due to the Extension office by Tuesday October 26th.

**Club Days is always on a Saturday in February. We’re working on setting a date with a local school.**

Double-Dip! Have an FFA speech or club meeting talk prepared for the new year? Make plans to give it at club day too! Scholarships to 4-H camps are offered to those giving a talk or demonstration at club days, contact the office for more information. For those that quality at county, regional club days is always the first Saturday in March in Chanute.

**Entomology Project meeting**

**Information for your 4-Hers enrolled in the Entomology project from Vicky Wallace**

I have gotten permission to hold our project meetings at the Allen County Extension Office in Iola, Kansas. It is located at 1004 North State Street in Iola. They are in the process of remodeling, but we should be able to meet October 9th, at 1:30 p.m. However, the bathrooms will not be available for use, so plan accordingly. Keep checking your email in case this changes. Bring your pinning boards, pins and one insect to pin. If you are new to the project, I will have a board for you and pins available to purchase for $6.50 per package. If you are in the photography phase of the project, bring a couple of pictures for us to look at. Hope to see you on the 9th.
<table>
<thead>
<tr>
<th>Date</th>
<th>Event</th>
<th>Location</th>
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<tbody>
<tr>
<td>September 23-26</td>
<td>Old Iron Days</td>
<td>Old Iron Club Grounds</td>
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<tr>
<td>Oct 1</td>
<td>Online Enrollment Opens</td>
<td>Online</td>
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<tr>
<td>Oct 3-9</td>
<td>National 4-H Week</td>
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<tr>
<td>Oct. 9</td>
<td>Fredonia Homecoming</td>
<td>Downtown Fredonia</td>
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<tr>
<td>Oct 9-10</td>
<td>48 Hours of 4-H</td>
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<tr>
<td>Oct 15</td>
<td>KYLF Forum Registration due to Extension Office</td>
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<tr>
<td>Nov 6</td>
<td>Wilson County Achievement Banquet</td>
<td>North Lawn Elementary</td>
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<tr>
<td>Nov 7</td>
<td>4-H Council Meeting</td>
<td>Court House</td>
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<tr>
<td>Nov 11</td>
<td>Courthouse and office closed</td>
<td>Veterans Day</td>
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<tr>
<td>Nov 20-21</td>
<td>KYLF Rock Springs</td>
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<tr>
<td>Nov 25-29</td>
<td>Thanksgiving Break</td>
<td>Offices Closed</td>
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www.wildcatdistrict.k-state.edu/4-h/wilson

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**Live the Pledge September Challenge**

September shout-outs! Take time this month to write Thank You cards to all of those people that supported you during Fair Season.

Post photos using #livelthepledge4h
Competitive Teams
Anyone interested in being on a competitive team please contact an agent to be placed on the contact list.

- Teams Include
- Meat Judging
- Livestock Judging
- Livestock Skill-a-Thon
- Livestock Quiz Bowl
- Crops Judging
- Horticulture Judging
- Photography Judging

Mark your Calendars for Camp!

Greenbush—June 6th-7th
Floating on Leadership—June 8th
CedarBluff (MG County) - June 10th

Rock Springs Camp
You all should have received an email or letter from Rock Springs. They have transitioned to the new format where you will sign up and pay online through them. We encourage you to get with your friends and sign up to go together. I have been informed that Rock Springs will be in charge of providing transportation to and from camp. If you have any questions, please let us know and we will do our best to get them answered for you.

48 Hrs. of 4-H and National 4-H Week

Community service has long been a big part of 4-H, as stated in the pledge our HANDS to larger service, for my club, my community, my country and my world. Many times, our clubs will do small service projects in our local communities, this might be as simple as collecting food for the food bank or picking up trash. 48 HRS of 4-H is a statewide weekend of service that was started about 5 years ago by the State 4-H Council. This is a great way to get many youth involved across the state on many different projects. Maybe it is painting a garage for someone in need, cleaning out flower beds for the elderly, cleaning the animal shelter or any number of other projects. 48 HRS of 4-H is scheduled for October 9th and 10th, but the service can be anytime during the year. What a great way to end National 4-H week.

National 4-H Week is held the first full week of October. Many clubs will have window displays, talk to their classes at school about 4-H, do public service announcements on the radio and put special news articles in the newspaper to celebrate. National 4-H week kicks off the new enrollment year and is a great way to get the word out about the 4-H program.

#LivethePledge4h
Thank You Notes

Have you sent out a thank-you note to those people responsible for the trophy you won, to the livestock buyer, supporters, the Fair Board or any other person who might have helped you before or during the fair?

The importance of sending Thank-You Notes is vital to the support of the County Fair and 4-H program. If you received an award, financial or trophy, OR if someone just offered you help, please let them know that they are appreciated.

Volunteers are just that—VOLUNTEERS—and some will feel let down if not acknowledged in some way. A simple Thank-You goes a long way to maintain support for future years.

Just few ways to make your Thank you note awesome
1. Start by greeting the person you are writing the note to. Many people forget this part.
2. Write the notes by hand if possible. Hand-written notes are so much more meaningful than ones that are typed
3. Explain the reason you are thanking them, and how you plan to use the gift or trophy. *When you receive money as a gift, never say how much it was. All you need to do is thank the person for sending the gift and thinking about you.*
4. A comment or detail about yourself (what projects you are in).
5. Keep the thank you note short and simple. If you go on and on, it might come across as insincere.
6. Repeat your thank-you
7. Sign the bottom