4-H

4-H is a nationwide program offering youth, ages 7-19, the opportunity to develop leadership, citizenship and life skills.

A 4-H club is a group of young people and adults who meet regularly throughout the year. Each 4-H club offers activities which include demonstrations, project work, community service and social events for members.

Meetings are generally held once a month at the same time and location. They include business, educational programs, songs, and recreation. 4-H members are expected to attend club meetings and parents are encouraged to attend as well.

4-H members are given the opportunity to learn to talk in front of a group and practice decision making skills. A 4-H member has the opportunity to meet new people, make new friends, learn about projects, participate in club trips, activities and more. Each club is unique, as members determine the focus of their own club.

4-H members can choose from more than 30 projects, each providing the participant a chance to explore a new topic, while developing new skills. 4-H members will have several opportunities to talk about and present their projects through club meetings, project shows, or the county fair.

4-H Colors: The 4-H colors are green and white. Green is nature's most common color and represents youth, life and growth. White symbolizes purity and high ideals.

4-H Emblem: The green four-leaf clover has a white H on each leaf to represent the four H's: Head; Heart; Hands; and Health. The 4-H name and emblem are protected under federal status Title 18, U.S. Code 707.

4-H Pledge:

I pledge –

my head to clearer thinking, my heart to greater loyalty, my hands to larger service, and my health to better living for my club, my community, my country, and my world.

4-H Motto: To Make the Best Better!

4-H Slogan: "Learn by Doing"

Interested in Joining 4-H?

- 1. Find a 4-H Club near you using the list of clubs below
- 2. Attend a meeting and get involved in the club
- 3. Call the Girard Extension office at 620-724-8233 to learn about enrolling in 4-H

(NOTE: In order to show at the Crawford County Fair all <u>new</u> members must be enrolled by <u>March 1 of each year</u>. New members who enroll after this competitive deadline will be allowed to participate in open class at the fair but not in 4-H projects.)

Katie Rohling 4-H Youth Development Agent Wildcat Extension District K-State Research and Extension krohling@ksu.edu 620-724-8233

4-H Clubs in Crawford County

Bone Creek - Meets @ Extension Office, Girard 3rd Sunday @ 6:00 p.m. (Winter)/7:00 p.m. (Summer)

Farlington Best-Yet - Meets @ Extension Office, Girard 2nd Sunday @ 1:00 p.m.

Happy Hustlers - Meets @ McCune Community Center, McCune 2nd Sunday @ 5:00 p.m.

Hepler Hustlers - Meets @ Hepler Community Building, Hepler 3rd Monday @ 7:00 p.m.

Jolly Sunflowers - Meets @ Arma Community Center, Arma 2nd Wednesday @ 7:15 p.m.

Lucky Riders - Meets @ Extension Office, Girard (Winter)/Fairgrounds (Summer) 1st Thursday @ 6:30 p.m.

Success Express - Meets @ Kansas Technology Center (Pittsburg State University), Pittsburg 2nd Sunday @ 7:30 p.m.

Walnut Wonder Workers - Meets @ Walnut Hall, Walnut 3rd Sunday @ 5:00 p.m.

Win or Bust - Meets @ Nazarene Church, Pittsburg 1st Monday @ 7:00 p.m.