



May 2020

Wildcat District 4-H families,
Thank you for your patience as we work through this stay at home order for 4-H together. As you know all in-person 4-H meetings have been postponed through July 4, 2020. If the situation evolves that date can change. State Extension staff are hoping for an improvement so they can lift that deadline. Thank you to everyone that has been holding zoom club meetings, project meetings, and helping younger members during this time – We appreciate you!

With the Fair Entry system used for the first time last year, we have the technology to hold a virtual fair. We're not planning on it coming to that but we want to know to keep working on your projects! Awards are being ordered and we will have a fair! In the meantime check out the opportunities below we invite everyone to participate in!

Favorite Foods Contest

This is a chance for youth to show off their creative side and their favorite food! Youth are challenged to select a theme and then meal menu to go with it. From the meal menu select, one dish to make for your table and appropriately set the table for one. Table settings should include centerpieces. Youth will be judged on:

- Nutritional value of the dish they prepared
- Nutritional balanced menu
- Dish/menu is suitable for the theme selected
- Table setting appropriate for theme/food
- Knowledge and understanding of food preparation

Judging will be June 2nd online via Zoom with a local judge. Interested youth can find more information on their county website & our Facebook event Favorite Foods Contest. After signing up youth will be assigned a time with the judge on the afternoon of June 2nd!

Boredom Busters Challenge

We have fun challenges ready for 4-H youth! We're ready for less screen time and more action! Watch your email or go to your county website for a link to sign up to receive a FREE boredom buster box. Each box will contain materials for your family to complete 4-5 challenges at home. We will do drive through picks at each office. Sign-up deadline is May 17th and we will contact you for pick-up times!

Labette County
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Altamont, KS 66330

Cara Comstock
620-784-5337
cjomstock@ksu.edu

Montgomery County
410 Peter Pan Road
Suite B
Independence, KS 67301

Katie Townsend
620-331-2690
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Wilson County
Courthouse RM 1
615 Madison
Fredonia, KS 66736

Cheri Nelsen
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District Website:
wildcatdistrict.k-state.edu



@Wildcat Extension District & @Wildcat Extension District 4-H

Wildcat District Calendar

This calendar includes dates for all four counties. Youth are welcome to attend project programming held by any county in the Wildcat District, call ahead to reserve a spot. Dates shown here may or may not appear elsewhere in the newsletter.

To see future dates please refer to the yearly calendar on your county's web page.

| Date | Event | Location |
|--------------|---|----------------------|
| May 5 | Tuesday Talks with 4-H Agents | Zoom link |
| May 12 | Tuesday Talks with 4-H Agents | Zoom link |
| May 17 | Boredom Box Challenge – Registration Due | Website |
| May 18 | Fair Entry opens for all county fairs | County website |
| May 19 | Tuesday Talks with 4-H Agents | Zoom link |
| May 22 | Registration Deadline for Favorite Foods Contest | Website |
| May 25 | Extension office closed for Memorial Day | |
| May 26 | Tuesday Talks with 4-H Agents | Zoom link |
| June 2 | Favorite Foods Contest | Zoom meeting w/judge |
| June 15 | Nomination Deadline for small livestock State fair and KJLS | Postmarked in mail |
| June 15 | District Horse Show Entry Deadline | Form on Website |
| July 15 & 16 | Livestock Judging Practice | TBA |

Judging Teams

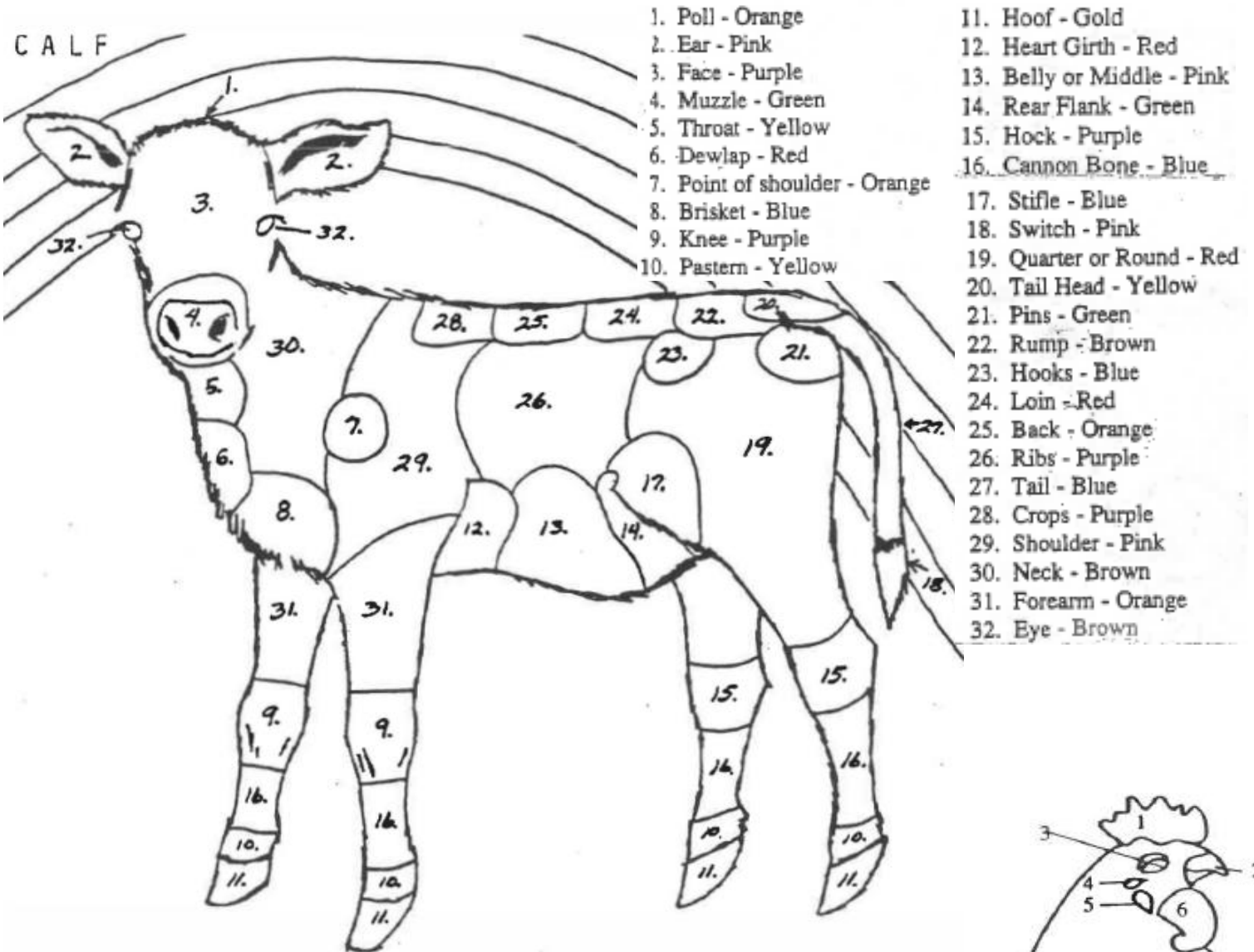
Livestock Judging – Currently looking at online classes but planning for in-person practices in July! Beginners welcome! This is a great way to learn more about selecting livestock you want in your herd or for the show ring. Contact Coach Cara Comstock at 620-784-5337 or cjcomstock@ksu.edu to get on the contact list!

Meats Judging - Coach Dick VanWinkle has study material for anyone interested in learning about meats judging. 4-H Alumni and current K-State meats judger Abby Ewing will be setting up online study session May 10th starting at 2:00 p.m. Beginners welcome! To get on the contact list, call your 4-H agent.

Horticulture/Crops Judging – Coach Christina Beason is waiting for school to get out and then will start online study sessions in preparation for summer contests! Beginners welcome! To get on the contact list call your 4-H agent!

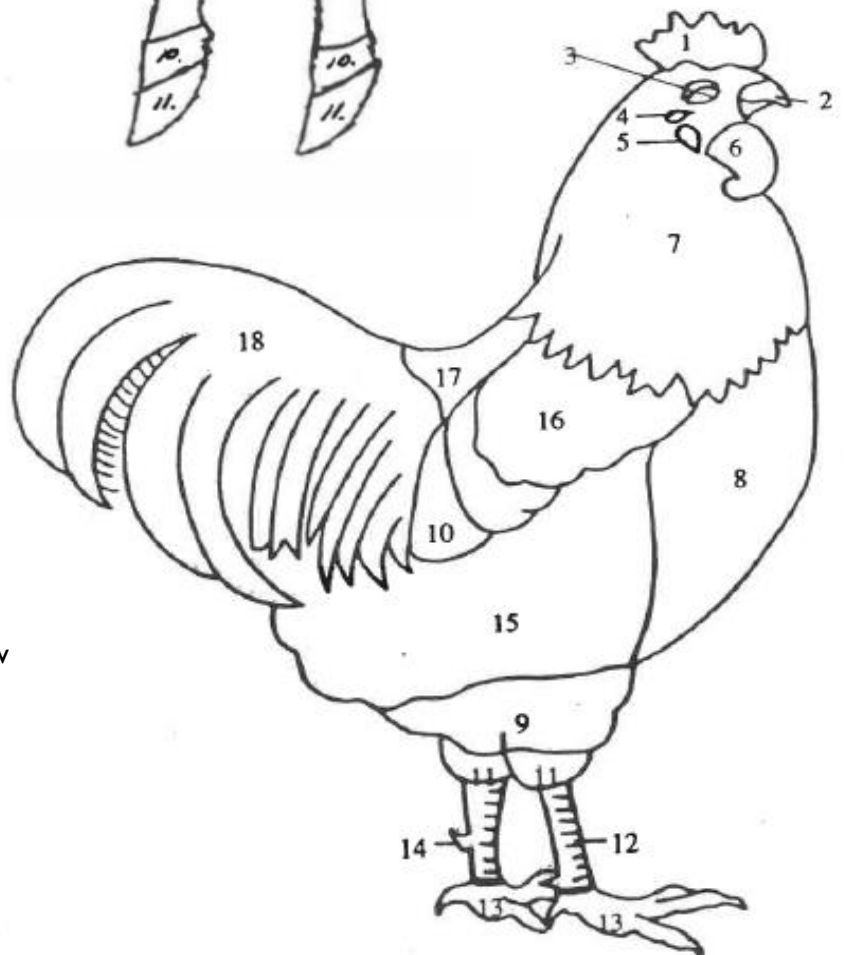
Livestock Skill-a-thon and Quiz Bowl - Coach Nicole Small is currently doing online zoom practices, usually on Sunday afternoons. Beginners welcome! To get on the contact list for practices call your 4-H agent!

Learn parts of your livestock while having some fun coloring! This also helps you become a knowledgeable consumer while grocery shopping!



Rainbow Chicken:

- | | |
|-------------------|------------------------|
| 1. Comb-red | 10. Wing - Purple |
| 2. Beak-yellow | 11. Hock- Red |
| 3. Eye-blue | 12. Shanks -Green |
| 4. Ear-green | 13. Foot & Toes-yellow |
| 5. Earlobe-purple | 14. Spur-orange |
| 6. Wattles-red | 15. Abdomen-blue |
| 7. Neck - yellow | 16. Shoulder-green |
| 8. Breast Orange | 17. Back-red |
| 9. Thigh- Purple | 18. Tail-yellow |

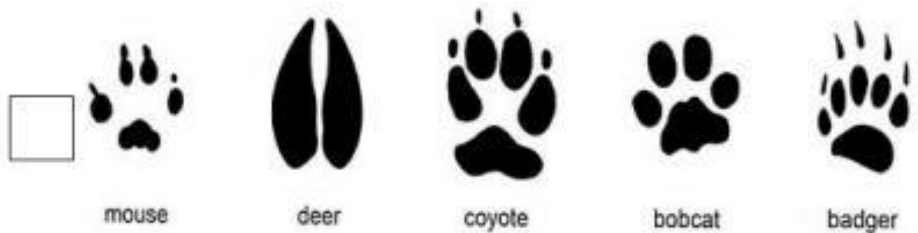
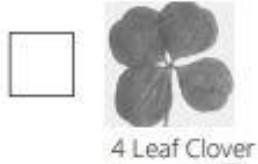
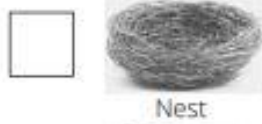


OUTDOOR SCAVENGER HUNT

Get outside with your family at our house, favorite walking trail or nearby park to search for the following items. Check them off as you find them and remember to leave only your footprints!

4-H Tip – Take some plaster along to take molds of animal tracks for a wildlife project!

4-H Tip – Don't forget your camera for some great photo opportunities!



FEED THE BIRDS

While you're outside feed the birds. Here are some instructions for making simple bird feeders for your backyard. Most of the materials should biodegrade but don't forget to go pick everything up when the seed is gone!

4-H Tip- Take pictures & document activity in case you do the wildlife project at fair!

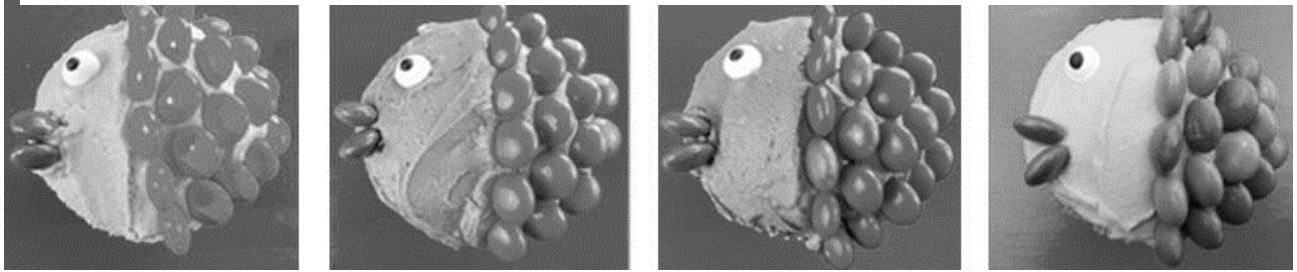
Option 1

- Cut an orange in half
- Dig out the insides with a spoon
- Eat the insides you dug out 😊
- Poke three holes around sides to run string through
- Fill with birdseed
- Hang outside!

Option 2

- Smear peanut butter on outside of toilet paper roll
- Fill a plate with birdseed
- Roll toilet paper roll in bird seed until completely covered
- /To hand simply slide on a branch

Fishy Cupcakes – a quick and easy break activity!



PREP TIME - 10 MINUTES

DECORATING TIME - 15 MINUTES

INGREDIENTS

- Yellow, White, or Chocolate Cake Mix
- Ingredients cake mix box calls for
- M&M's separated by color
- Buttercream or favorite frosting
- Food coloring
- Eyes – Wilton Candy eyeballs or mini marshmallow and dot of black frosting

COOK TIME - 20 MINUTES

TOTAL TIME - 45 MINUTES

INSTRUCTIONS:

1. Make cupcakes according to cake mix instructions
2. Separate M&M's by color, roughly 15 M&M's for the scales on each cupcake and 2 red M&M's for the lips
3. Make a batch of your favorite frosting or grab a container of buttercream frosting
4. Separate frosting into bowls and color with food coloring
5. Frost the cupcakes
6. Start first row of "fish scale M&M's in the middle of the cupcake and work back to the edge.
7. Insert Wilton Candy Eye or mini marshmallow cut in half with a dot of black frosting
8. Add two red M&M's for fish lips

Find the recipe at: www.twosisterscrafting.com/little-fishy-cupcakes/

Quick Photography Tips

On the Wildcat District 4-H Facebook page we've been having a weekly photo contest and strive to tie the theme of the week to a 4-H project to showcase it. Here are some quick tips:

Rule of thirds: Most cameras have a setting that allows you to turn on a grid. Framing your subject off center appears more natural

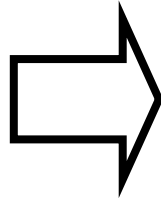
Spacing: When capturing a moving object leave plenty of space in the direction the object is traveling/looking

Leading Lines: Use walls, fences, road lines, etc. to lead the eye to the main subject, or draw a connection between two objects



Button Down Shirt to Apron

This minimal sewing project is a great for all levels and would be a great fair project!



Find step-by-step instructions @ <http://sewmanyways.blogspot.com/2014/10/recycled-mens-shirt-to-super-cute-apron.html>

We love project because it uses the seams that are already on the shirt which means minimal sewing for you! Or there are options to make this a NO SEW project! Simply pick up some heat and bond or any type of fusible webbing to close your seams and make straps! Any long/short sleeved button down shirt will work. It just needs to have a collar and stand (part makes the collar stand up). Pick a shirt that fits your size. These would make great gifts!

PHOTOGRAPHY CHEAT SHEET



M
for
MANUAL



M Manual
AV Aperture Priority
TV Shutter Priority
P Program
Canon Rebel T5i/700D

EXPOSURE COMPENSATION

Increased exposure for brighter image
-3..2..1..0..1..2:3

Decreased exposure for darker image
-3..2..1..0..1..2:3

APERTURE



f/1.4 f/2.8 f/4 f/5.6 f/8 f/12 f/16 f/22

Increased Depth of Field


Brighter  Darker

TIP: For great portraits use wide aperture i.e. low number

SHUTTER SPEED

BULB 10" 1/4 1/10 1/25 1/50 1/100 1/250 1/500 1/2000 +

Increased Shutter Speed







TIP: To avoid camera shake speed should exceed focal length

ISO

100 200 400 800 1600 3200 6400

Increased Sensitivity

Bright Light     Low Light

TIP: Use lowest ISO possible to ensure high detail/low noise

Crawford County News

| Date | Event | Location |
|---------|---|--------------------|
| June 22 | 6:30 – Junior leaders; 7:30 4-H Council Meeting | Zoom link |
| July 15 | County Fair Entry Deadline | Fair entry, online |
| July 15 | Crawford County 4-H Scholarship Due | Extension office |

Crawford County 4-H Website - www.wildcatdistrict.k-state.edu/4-h/crawford/

Labette County News

| Date | Event | Location |
|---------|--|------------------|
| May 19 | 4-H Council @ 6:30p.m. | Zoom link |
| June 15 | LB Co Fair Poultry Declaration Form Due | Extension office |
| July 1 | Fair Entry Deadline & Deadline to run for Fair Royalty | Website |
| July 13 | Pork Bundle Tickets Due | Extension office |

Pork Bundle tickets are available at the Extension office. Please call before coming! Each 4-H/FFA member that plans to exhibit at the 2020 LB County Fair must sell one bundle of tickets. Tickets are due to the Extension office by July 13th. Fair Royalty forms are due July 1, please contact the Extension office if you plan to run.

Labette County 4-H Website - www.wildcatdistrict.k-state.edu/4-h/labette/

Montgomery County News

| Date | Event | Location |
|---------|---------------------------|--------------------|
| May 14 | 4-H Council @ 7:00 p.m. | Zoom link |
| June 20 | County Horse Show | Pippin Arena |
| July 1 | All Livestock entries due | Fair entry, online |
| July 13 | All inside entries due | Fair entry, online |

Montgomery County 4-H Website - www.wildcatdistrict.k-state.edu/4-h/montgomery/

Wilson County News

| Date | Event | Location |
|-----------|---|---------------------|
| May 4 & 5 | Tag Pick-up Day – Sign up for your day! | Fredonia Courthouse |
| May 18 | 4-H Council Meeting 7:00 p.m. | Zoom link |
| June 30 | County fair – Fair entry deadline | Fair entry - online |

Wilson County 4-H Website - www.wilson.k-state.edu/

State Horse 2020 Changes

See a full list of changes on the state 4-H website. 4-H members may participate in their designated District Horse Show plus one additional District Horse Show of their choosing. But before entering the Kansas State Fair, 4-H members must indicate which show their results will come from. There will be no picking of classes from each show, only results from one district show will be used. In order to show at the district/state level youth must be 9 years old and have completed their level one riding and written test. Study material for these test can be found on our website or by contacting your 4-H agent. Testing times should be set up with your 4-H agent, the sooner the better!

Fair Poultry Testing Waived for 2020

Q: Why do we do Pullorum-Typhoid testing?

A: It is a disease that affects young birds and hatchlings but thanks to continuous testing by the Ks Dept. of Ag it is very rare to find. While the birds are gathered for the P-T test the Ks Dept. of Ag also takes a cheek swap for the Avian Influenza. However this year all testing is waived.

YQCA

Youth for the Quality Care of Animals is required for youth (ages 8-21) who will be showing livestock at the Kansas State Fair or the Kansas Junior Livestock Show (one exception is horses). In-person classes have been cancelled. Youth may take the online class for \$12.00 on the YQCA website, <https://yqca.learnrow.io>. Login using your 4-H Online user name and password. Youth will learn about reading feed tags, giving shots, and more! New in 2020, seven year olds may take the class as a learning opportunity. In 2021, the class ages will change from 8-21 to 7-21, as seven year olds competing in the Kansas Junior Livestock show be required to take the class.

4-H Word Search

E G D E L P C N Q V T H C K F O V
N M F W M N X I G O D L L V R M J
W H I T E N I V Y E S V O N I O X
R Q D C C K D W S P C R V I E K S
S T A U K A O A A R I M E W N E N
T R A E H H M A I D E H R Z D A A
H J Z K P A B P X H N B I Z S C C
E M B U C B D Y K B C R M S K T K
A L Q N A T U R E L E G S E S I S
D S P P F U M T B K Q R T E M V A
O Q G U U Q X Z F L A G F K S I B
S Q N S F S J A R S T D A D R T G
Y P J D Z I W S T E M O R P E I E
E C S N C P B O L M K F C E D E X
G G T A O Q L D K A P E X R A S J
M I W H S O N G S G A F G R E E N
E I P M H T L A E H R B M R L T R

- Camp
- White
- Songs
- Snacks
- Science
- Pledge
- Health
- Nature
- Members
- Leaders
- Heart
- Head
- Hands
- Green
- Games
- Fun
- Friends
- Flag
- Crafts
- Clover
- Activities

4-H Discount Program

Agents have recently learned that certain stores in our area have discounts for 4-H members. We contacted Kansas 4-H for the membership card below and merged it into this newsletter. We are still checking with stores and updating our information but wanted to get this out to you as soon as possible. Please watch your newsletters for further discount updates. Currently we know the following stores offer discounts:

Tractor Supply: 10% off supplies – discount availability can vary by store location

Orschelns: 10 % off supplies

