

DIY Stress Ball

Supplies:

2 Balloons | Flour or Cornstarch | Funnel | Scissors

Directions:

Step 1: Stretch out one of your balloons

Step 2: Insert funnel into the stretched balloon

Step 3: Fill the balloon with flour or cornstarch

Step 4: When balloon is full of flour or cornstarch, tie balloon off to ensure removal of access air

Step 5: Cut off excess neck of balloon

Step 5: Cut off the neck of second balloon. Stretch this balloon over the stress ball to make it stronger.

Step 6: De-stress and enjoy your creation!