

Need a Speaker?

K-State Research and Extension Wildcat District is your number one source of reliable, research-based information in Crawford, Labette, Montgomery and Wilson Counties. Our Agents specialize in a variety of focus areas, ranging from Adult Development and Aging, 4-H Youth Development, Livestock Production, Food Safety and more. If you're looking for a speaker for any of your programs or meetings, please contact any of the Agents below.



Frances Graves
District Director and
Community Vitality

- Introduction of Extension/Wildcat District
- Conflict Management and Personality Styles
- Board Leadership

francesgraves@ksu.edu | 620-784-5337



Tara Solomon-Smith
Adult Development & Aging

- Cultivating Resiliency
- Grow Your Ag Wellness (Managing Farm and Ranch Stress)
- Stress Less with Mindfulness
- Smart Choice, Smart Use (Medicare and Insurance Literacy)

tsolomon@ksu.edu | 620-378-2167



Katherine Pinto
EFNEP Agent

- What is SNAP-Ed: How does it work?
- What is EFNEP: How does it work?
- Overcoming Barriers to Physical Activity
- Shopping Smart on a Budget

kdpinto@ksu.edu | 620-232-1930



Holly Miner
Health, Food Safety and
Nutrition

- Food Safety for Volunteers or at Home
- Food Preservation History and Current Recommendations
- MyPlate: Meal Guidance Made Easy
- Mindfulness Method to Better Sleep

haminer@ksu.edu | 620-331-2690



Julie Smith
Family Resource Management
and Entrepreneurship

- Scams
- Medicare
- Traits of Successful Entrepreneurs
- Basic Budgeting

juliesmith@ksu.edu | 620-784-5337



Wendie Powell
Livestock Production

- Forage Testing
- Chute-side Savings (Vaccine Handling)
- Grocery Store Meat Selection

wendiepowell@ksu.edu | 620-784-5337



Adaven Scronce

Diversified Agriculture and Natural Resources

- Care and Management of Sheep/Goats
- Nuisance wildlife prevention and control for homes and gardens
- Basic pond management and aquatic plant control
- Raising backyard chickens and incubating eggs

adaven@ksu.edu | 620-331-2960



Jesse Gilmore

Horticulture

- Ornamental plants (flowers, herbaceous, trees and shrubs)
- Fruits and Vegetables
- Specialty Garden Designs
- Bugs

jr637@ksu.edu | 620-724-8233



James Coover

Crops and Soils

- Oyster Mushrooms in a Bag
- Basics of Beekeeping (available in warmer months)
- Geology of Southeast Kansas
- Soil Fertility/Current Crop Topics

jcoover@ksu.edu | 620-724-8233



Carrie Lance

4-H Youth Development

- 4-H Project Opportunities
- Growing Leaders/Finding Genius in Everyone
- School Enrichment

clance@ksu.edu | 620-784-5337



Katie Townsend

4-H Youth Development/ Communication

- Social Media Awareness
- Entomology
- Experiments with growing corn
- Bread in a Bag/Homemade butter

krohling@ksu.edu | 620-331-2960



Cheri Nelsen

4-H Youth/Volunteer Development

- Butterfly Gardens
- Wetland Models
- Crack open the egg
- Soil Health/Dirt Dessert

cnelsen@ksu.edu | 620-378-2167



Will Morris

4-H Youth Development/ STEM

- 4-H Program Update
- Junior Leader Program
- STEM Activity Demonstration
- Volunteering in 4-H

willmorris@ksu.edu | 620-724-8233



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