

## Need a Speaker?

K-State Research and Extension Wildcat District is your number one source of reliable, research-based information in Crawford, Labette, Montgomery and Wilson Counties. Our Agents specialize in a variety of focus areas, ranging from Adult Development and Aging, 4-H Youth Development, Livestock Production, Food Safety and more. If you're looking for a speaker for any of your programs or meetings, please contact any of the Agents below.



Frances Graves
District Director and
Community Vitality

- Introduction of Extension/Wildcat District
- Community Capitals/ Strengths Evaluation
- Board Leadership
- Grant Writing

francesgraves@ksu.edu | 620-784-5337



Michelle Broxterman
Family and Child
Development

- Best Practices for Working with other Cultures
- Bonding Through Board Games
- · Reading with Children
- Home Organization

mbroxterman@ksu.edu | 620-724-8233



Holly Miner

Health, Food Safety and Nutrition

- Food Preservation History and Current Recommendations
- Men's Health Guides: Cancer Early Detection and Prevention or Arthritis - Four Common Conditions

haminer@ksu.edu | 620-331-2690



**Katherine Pinto** EFNEP & SNAP-Ed

- Cooking from Your Pantry
- The Importance of Family Meal Time;
   Feeding Picky Eaters
- Overcoming Barriers to Physical Activity
- Shopping Smart on a Budget

kdpinto@ksu.edu | 620-232-1930



**Julie Smith** 

Family Resource Management and Entrepreneurship

- Scams
- Medicare
- Traits of Successful Entrepreneurs
- Basic Budgeting

juliesmith@ksu.edu | 620-784-5337



**Valori Stone** 

Family and Community
Wellness

- Mindful Moments
- Effective Communications
- Grav for a Dav

valori@ksu.edu | 620-378-2167



Adaven Scronce
Diversified Agriculture and
Natural Resources

- Care and Management of Sheep/Goats
- Nuisance wildlife prevention and control for homes and gardens
- Basic pond management and aquatic plant control
- Raising backyard chickens and incubating eggs

adaven@ksu.edu | 620-331-2960



Wendie Powell Livestock Production

- Animal Husbandry
- Forage Testing
- Chute-side Savings (Vaccine Handling)
- Grocery Store Meat Selection

wendiepowell@ksu.edu | 620-784-5337



Will Morris

4-H Youth Development/
STEM

- 4-H Program Update
- Junior Leader Program
- STEM Activity Demonstration
- Volunteering in 4-H

willmorris@ksu.edu | 620-724-8233



Cheri Nelsen
4-H Youth/Volunteer
Development

- Butterfly Gardens
- Wetland Models
- Crack Open the Egg
- Soil Health/Dirt Dessert

cnelsen@ksu.edu | 620-378-2167



Jesse Gilmore
Horticulture

- Ornamental plants (flowers, herbaceous, trees and shrubs)
- Fruits and Vegetables
- Specialty Garden Designs
- Bugs

jr637@ksu.edu | 620-724-8233



James Coover
Crops and
Soils

- Oyster Mushrooms in a Bag
- Basics of Beekeeping (available in warmer months)
- Geology of Southeast Kansas
- Soil Fertility/Current Crop Topics

jcoover@ksu.edu | 620-724-8233



Carrie Lance
4-H Youth Development

- 4-H Project Opportunities
- Growing Leaders/Finding Genius in Everyone
- School Enrichment

clance@ksu.edu | 620-784-5337



Katie Townsend
4-H Youth Development/
Communication

- Social Media Awareness
- Entomology
- 4-H Yoga and Mindfulness for Kids
- Bread in a Bag/Homemade Butter

krohling@ksu.edu | 620-331-2960













