

## BUILD A HEALTHY PLATE

September 22, 2021 | 10:00 a.m. | FREE Church of Christ | 1005 Siggins St., Coffeyville, KS TOPS KS 0110, Coffeyville

Learn how to build a healthy plate with 10 Tips to a Great Plate

For more information or to register, please contact Holly Miner, K-State Research and Extension Wildcat District Nutrition, Food Safety and Health Agent at 620-331-2690





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