



fresh

CONVERSATIONS

PITTSBURG PUBLIC LIBRARY | 6:00-6:45PM

308 North Walnut Street, Pittsburg

Join us monthly for this **FREE** program to learn how to make healthier food and beverage choices, set goals, engage in physical activity and try a tasty recipe!

- May 21
- June 18
- July 16
- August 20
- September 10

****Dates are subject to change due to inclement weather****

Contact Nutrition Assistant Kylee Perry at kyleep@ksu.edu for more information. **No registration required.**

K-STATE
Research and Extension

Wildcat District



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Kansas State University Agricultural Experiment Station and Cooperative Extension Service

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