Go solo or gather a team of two - six people to walk across the state in this eight-week healthy lifestyle challenge focusing on

Sunshine  Exercise  Healthy Food  Hydration  Relaxation  Sleep

Register online at walkkansasonline.org March 4 - April 4.
If you reside in Crawford, Labette, Wilson, or Montgomery County, register under the “Wildcat District”

Payment accepted online and in-person.

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