



WILSON COUNTY WEC 2020

# SPRING FLING & recognition day

**TUESDAY, APRIL 21**  
**WILSON COUNTY COURTHOUSE BASEMENT**  
**615 MADISON STREET, FREDONIA, KS**

**10 A.M. | LUNCH PROVIDED**

**POWER 9: BLUE ZONES**  
-Tara Solomon-Smith

**VIETNAM FAMILY  
CULTURE & LANDSCAPE**  
-Marilyn Farmer



**POWER 9®**  
*Nine healthy lifestyle  
habits shared by people  
who have lived the  
longest.*

