

Wildcat District

FOR IMMEDIATE RELEASE

For more information, contact: Tara Solomon-Smith Adult Development and Aging Agent, Wildcat Extension District tsolomon@ksu.edu, 620-724-8233

Community Collaboration Brings Parents University to Your Family

School has started! If you are a parent like me, it seems from now through Spring, time won't slow down until.... well, who knows when. This is a great time to have some family play (and educational) experiences! Join K-State Research and Extension along with ICC/Early Childhood Coalition for the annual Parents University event, Sept. 25, 5:30-7pm, at Pittsburg Meadowbrook Mall.

Parents University: Under The Big Top, will feature circus themed physical activity with gymnastics and dance, sensory play, fine motor practice with the arts, reading with Dr. Suess, a safety game, and science activities. A meal will be provided for only 25¢, kid created snacks, popcorn, and shaved ice are included! You may wonder how something so fun can be educational, there is a reason, play and family powerfully assist in child development.

Children need play to develop and to grow in relationships. As children play, they learn to solve problems, to get along with others and to develop the fine and gross motor skills needed to grow and learn. One of the six major qualities that strong, successful families exhibit is enjoyable time together. Why not start with Parents University and continue to make simple yet quality time together a part of this school year's schedule? I plan to see you 'Under the Big Top' on Sept. 25th!

You can learn more detail about this year's event on our website at <u>www.wildcatdistrict.k-</u><u>state.edu</u>, or Facebook: Wildcat Extension District. For additional information about parenting, contact us at one of our district locations: Girard, 620-724-8233, Fredonia, 620-378-2167, Altamont, 620-784-5337, Independence, 620-331-2690, Pittsburg, Expanded Food and Nutrition Education (EFNEP), 620-232-1930.

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