

K-State Extension Connection

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The mission of K-State Research and Extension Family and Consumer Sciences is to link education with life experiences to help people improve their lives, their families and their communities. Family and Consumer Sciences professionals support essential life skills including Community Development, Healthy Lifestyle Choices, Leadership & Volunteer Development, Relationship Development and Resource Management.

Title of Article - Saving for Summer Vacation

Kylie Ludwig Wildcat District Extension Agent

A great way to spend a vacation or a road trip is traveling around the country to see new and exciting places. Whether it is following a sports team or visiting friends, the possibilities are endless. Not to mention, you gain a greater appreciation for the destination after a trip of sightseeing and adventure. Flying may be faster but it is more expensive than driving. Here are some steps to ensure a successful trip with your family or friends on a budget.

Destination is the number one question when traveling. Where do you want to go? How long do you want to be gone? How long do you want to stay when you get there? Keep in mind, some places your dollar will not go as far. For example, a larger city may be more expensive than a trip to the countryside. One way to save on expenses is to travel in a group and split the cost. You can also save a considerable amount of money by making plans early. Take advantage of deals and discounts that come along with booking your trip in advance.

For some people traveling is the worst, but half the excitement for others. Travel can make the place you are going more special. Depending on where you are going, it could take a couple of hours or a day to get to your destination. One side effect of being on the road for so long is unnecessary stops or expenses. Packing your own food and drinks helps you save.

Hotel, food, and entertainment are three major expenditures on a trip. Plan your trip ahead of time and try some of these ways to save:

- 1. No more big spending *-really* think about purchases long term before making them.
- 2. Cook at home- Eating at home can save you *tons* of money.
- 3. Put money in your savings account weekly.
- 4. Pre-Plan Budgeting how much you can spend weekly will also help you save!
- 5. Make use of budgeting and saving apps every little bit saved helps.

Sources: <u>http://bit.ly/2nBvq08</u> and <u>http://bit.ly/2n4VEfm</u>

For additional information, contact the Wildcat Extension District, Crawford County, 620-724-8233, Labette County, 620-784-5337, Montgomery County, 620-331-2690, Pittsburg Office, Expanded Food and Nutrition Education (EFNEP), 620-232-1930.

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