

FOR IMMEDIATE RELEASE

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April is Child Abuse Prevention Month: Everyone Can Make a Difference

Every child deserves a bright future, and every family deserves the support they need to thrive. Unfortunately, too many families face challenges that put their well-being at risk. April marks Child Abuse Prevention Month, a time to raise awareness and celebrate the power of hope and the strength of prevention. Stronger families create healthier communities, and prevention is a key part of making that vision a reality. Preventing child abuse is not just the responsibility of parents but something that every community member can contribute to. Your actions can help create a safer environment for children.

Child abuse prevention starts with strengthening families. Research shows that building five protective factors in families reduces the risk of abuse and neglect. These factors include:

1. Parental Resilience – the ability of parents to deal effectively with stress, adversity, or trauma
2. Social Connections – Having a support network with family, friends, neighbors, or other community members.
3. Concrete Support in Times of Need – Ensuring families can access the support and resources they need during times of struggle and stress.
4. Knowledge of Parenting and Child Development – Understanding how children grow and develop.
5. Social and Emotional Competence of Children – Helping children develop strong social and emotional skills.

Focusing on these protective factors can help families thrive even in challenging times.

You can also support prevention efforts year-round by volunteering with local organizations, mentoring parents, advocating for policy change, and creating safe spaces for children in your community. Your involvement makes a lasting impact.

This April, join us in taking action to prevent child abuse. By strengthening our communities and supporting families, we can ensure every child's brighter, safer future. Together, we can make a difference.

For more information visit wildcatdistrict.k-state.edu or contact Michelle Broxterman, mbroxterman@ksu.edu, (620)724-8233

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