

## FOR IMMEDIATE RELEASE

For more information, contact Valori Stone Family & Community Wellness Agent, Wildcat Extension District valori@ksu.edu, 620-378-2167

## A New Family and Community Wellness Agent for Wildcat District Extension

Hello, I am Valori Stone. I have been serving the Wildcat District as a Family and Community Wellness Agent for K-State Research and Extension since May 1st. I am serving all of the Wildcat District, which encompasses offices in Altamont, Fredonia, Girard, Independence, and Pittsburg. I am based out of the Fredonia office located in Wilson County.

I am excited to be serving the communities in Southeast Kansas. I have lived in this area for over 50 years and have worked in the field helping people in this area for over 20 years. I earned both my Bachelor's and Master's Degrees in Counseling and Psychology from Pittsburg State University. For the past few years, I was employed as the 4-H and Youth Development Agent in Cherokee County located in Columbus, KS.

In my new role as a Family and Community Wellness Agent, I will develop and deliver educational programs to build healthy, sustainable communities, families, and individuals. Programming may include but is not limited to, strengthening families and individuals; building community capacity; family and community health and wellness; and local volunteer development.

For more information, please contact Valori Stone, Family & Community Wellness Agent, <u>valori@ksu.edu</u>. or 620-378-2167

###

Kansas State University Agricultural Experiment Station and Cooperative Extension Service K-State Research and Extension is an equal opportunity provider and employer. Issued in furtherance of Cooperative Extension work, acts of May 8 and June 30, 1914, in cooperation with the U.S. Department of Agriculture, Director of K-State Research and Extension, Kansas State University, County Extension Councils, Extension Districts.