Walk Kansas

Commit to the well-being of your employees and your business by making Walk Kansas, an eight-week physical activity program part of your employee wellness program!

HOW CAN YOUR BUSINESS PARTICIPATE?

- sponsor your employees in Walk Kansas
- encourage your employees to enroll
- enhance participation through in-house activities or competitions

INVESTMENT RETURN CHARACTERISTICS OF AN EMPLOYEE WELLNESS PROGRAM:

- improved productivity
- lower employee turnover
- reduces absenteeism
- reduces workers’ compensation costs
- decreases work related stress
- decreases employee presenteeism
- enhances morale and teamwork
- creates a culture of health

K-State Research and Extension is an equal opportunity provider and employer. Issued in furtherance of Cooperative Extension work, acts of May 8 and June 30, 1914, in cooperation with the U.S. Department of Agriculture, Director of K-State Research and Extension, Kansas State University, County Extension Councils, Extension Districts.

MARCH 26 - MAY 20

Visit walkkansas.org or scan below

Holly Miner
410 Peter Pan Road
Independence, KS
(620) 331 - 2690
haminer@ksu.edu

Walk Kansas

Visit walkkansas.org or scan below
Commit to the well-being of your employees and your business by making Walk Kansas, an eight-week physical activity program part of your employee wellness program!

**HOW CAN YOUR BUSINESS PARTICIPATE?**

- sponsor your employees in Walk Kansas
- encourage your employees to enroll
- enhance participation through in-house activities or competitions

**INVESTMENT RETURN CHARACTERISTICS OF AN EMPLOYEE WELLNESS PROGRAM:**

- improved productivity
- lower employee turnover
- reduces absenteeism
- reduces workers' compensation costs
- decreases work related stress
- decreases employee presenteeism
- enhances morale and teamwork
- creates a culture of health